



FAMILY RECIPES

The recipes in this collection are handed down from generation to generation. In almost every case, these recipes were taken from hand-written notes. Whenever it was evident that the recipe was not original, the source is mentioned. Similarities to other's recipes is purely coincidental.

MAIN DISHES | **Dad's Barbecued Chuck Roast**

I remember Dad cooking this in the inside barbeque, as well as on the front patio. Mom usually made the foil shoestring potatoes or onion rings and salad. Yummy!!!!

7-Blade Chuck Roast

Mustard

Salt and pepper

Smear the meat with mustard on all sides. Sprinkle with salt and pepper. Barbeque on a hot fire on all sides to seal in juices. Cook on a reduced fire 'til done.