



FAMILY RECIPES

The recipes in this collection are handed down from generation to generation. In almost every case, these recipes were taken from hand-written notes. Whenever it was evident that the recipe was not original, the source is mentioned. Similarities to other's recipes is purely coincidental.

MAIN DISHES | Mom's Chicken Salad

½ pound white chicken meat, cooked and shredded
1 small head lettuce, shredded
2 T toasted sesame seeds
2 oz Sai Foon (Rice Sticks) deep fried until puffed
2 T toasted almonds
1 t salt
1 t black pepper
3 T vinegar
2 t sugar
¼ cup salad oil

Combine first five ingredients

Combine last five ingredients and mix well before adding to salad mixture

Toss well