



FAMILY RECIPES

The recipes in this collection are handed down from generation to generation. In almost every case, these recipes were taken from hand-written notes. Whenever it was evident that the recipe was not original, the source is mentioned. Similarities to other's recipes is purely coincidental.

MAIN DISHES | Lou's Chinese Beef with Mushrooms

2 T minced onion
1 T vegetable oil
1½ pound lean beef, thinly sliced
2 T soy sauce
½ pound fresh mushrooms, sliced

Sauté onion in oil until tender, but not browned
Add beef and sauté, stirring 3 minutes
Push meat to one side and stir in soy sauce and mushrooms, sauté in pan juices until tender
Mix with meat and cook, covered, over medium heat for 3 minutes.

Serve with rice or Chinese noodles