



FAMILY RECIPES

The recipes in this collection are handed down from generation to generation. In almost every case, these recipes were taken from hand-written notes. Whenever it was evident that the recipe was not original, the source is mentioned. Similarities to other's recipes is purely coincidental.

MAIN DISHES | Mom's Meat Loaf

1 lb ground chuck
½ lb ground pork
¼ cup onion flakes
1 egg
¼ cup ice water
¼ cup bread crumbs
Parsley
Thyme
Salt & pepper
1 T Worcestershire

Mix all ingredients together
Place mixture in loaf pan
Bake at 350° for 1 hour

Note: Mom would make a **Surprise Meat Loaf** using the recipe above, but with additions.

Use _ of the meat mixture forming a "bowl" in the loaf pan (bottom and sides)
Inside depression add slices of dill pickles, thinly sliced onion, ketchup, mustard
Use _ meat mixture to form the top of the meat loaf
Bake at 350° for 1 hour