



FAMILY RECIPES

The recipes in this collection are handed down from generation to generation. In almost every case, these recipes were taken from hand-written notes. Whenever it was evident that the recipe was not original, the source is mentioned. Similarities to other's recipes is purely coincidental.

MAIN DISHES | Mom's Musical Fruit

1 lb ground beef
1 small onion, chopped
 $\frac{1}{4}$ cup celery
 $\frac{1}{4}$ cup bell pepper, cut in larger pieces for those who can't eat, but enjoy the flavor
Clove of garlic
 $\frac{1}{2}$ t thyme
1 t dry mustard
2 T vinegar
1 T brown sugar
Large can pork and beans
8 oz can tomato sauce
Salt & pepper

Brown meat and onion
Add celery, pepper and garlic
Sauté
Add remaining ingredients
Simmer

The longer this dish is cooked, the better it tastes.