



FAMILY RECIPES

The recipes in this collection are handed down from generation to generation. In almost every case, these recipes were taken from hand-written notes. Whenever it was evident that the recipe was not original, the source is mentioned. Similarities to other's recipes is purely coincidental.

MAIN DISHES | **Mary's Musical Fruit**

1 pound ground beef
1 small onion ~ chopped
¼ celery ~ chopped ~ (I use about stalks from the heart)
¼ cup green bell pepper ~ (I use a whole small pepper)
Clove of garlic ~ chopped
½ t thyme
1 t dry mustard ~ (Coleman's)
2 T red wine vinegar
1 T brown sugar ~ more (gradually) if you like it sweeter
Large can Van de Kamps Pork & Beans
8 ounces tomato sauce
Salt & pepper

Brown meat and onion.
Add celery, pepper and garlic ~ sauté.
Add remaining ingredients.
Simmer.
The longer this cooks the better it tastes.