



FAMILY RECIPES

The recipes in this collection are handed down from generation to generation. In almost every case, these recipes were taken from hand-written notes. Whenever it was evident that the recipe was not original, the source is mentioned. Similarities to other's recipes is purely coincidental.

MAIN DISHES | **Mom's Stufato**

Chunks of beef, browned

Tagliarini* Gravy without ground meat and mushrooms

Cover, let simmer for one hour

Add carrots and potatoes

Cover, let simmer

Stew is ready when meat is tender and vegetables are cooked

Note: I add frozen peas 10 minutes before serving; Mom said she sometimes added artichoke hearts and/or bell peppers

* See Mom's Tagliarini Gravy