



# FAMILY RECIPES

The recipes in this collection are handed down from generation to generation. In almost every case, these recipes were taken from hand-written notes. Whenever it was evident that the recipe was not original, the source is mentioned. Similarities to other's recipes is purely coincidental.

## MAIN DISHES | **Lou's Three Packet Slow Cooker Roast**

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1 cup water  
1 oz package ranch dressing mix  
1 .7 oz package dry Italian-style salad dressing mix  
1 .75 oz dry brown gravy mix  
1 3lb boneless beef chuck roast (or rump roast)  
Yellow onion, carrots, celery, and potatoes

Sear the roast before adding it to bottom of slow cooker

Lightly brown cut up vegetables in the pan use to sear the roast

Whisk water, ranch dressing mix, Italian dressing mix, and brown gravy mix together in a bowl until smooth

Place beef roast into a slow cooker

Add cut up onions, carrots, celery and potatoes

Pour the dressing mixture over the top of the vegetables and roast

Cook on low until the roast and vegetables are easily pierced by a fork, 6 to 8 hours