

FAMILY RECIPES

The recipes in this collection are handed down from generation to generation. In almost every case, these recipes were taken from hand-written notes. Whenever it was evident that the recipe was not original, the source is mentioned. Similarities to other's recipes is purely coincidental.

MAIN DISHES | Mom's Ham Hock and Lima Beans

Soak large package of beans overnight

Add 2 bay leaves and ham hock

Cook forever

Onions may be added while cooking