



FAMILY RECIPES

The recipes in this collection are handed down from generation to generation. In almost every case, these recipes were taken from hand-written notes. Whenever it was evident that the recipe was not original, the source is mentioned. Similarities to other's recipes is purely coincidental.

SAUCES.GRAVIES | Lou's Spaghetti Sauce

1 lb ground beef
1 lg onion, diced
2 to 3 cloves garlic, diced
1 lb mushrooms, sliced thickly
All to taste: Rosemary
 Parsley
 Sage
 Thyme
 Basil
 Oregano
 Salt & pepper
1 sm can tomato paste
2 15oz cans tomato sauce

Brown meat in large pot
Add onion, garlic - cook until soft
Add mushrooms and herbs
Cook about five minutes, stirring frequently
Add tomato paste, stir
Add tomato sauce, stir
Simmer forever
Stir a lot