

FAMILY RECIPES

The recipes in this collection are handed down from generation to generation. In almost every case, these recipes were taken from hand-written notes. Whenever it was evident that the recipe was not original, the source is mentioned. Similarities to other's recipes is purely coincidental.

SOUPS·SALADS | Lou's Taco Salad

- 1 head lettuce, chopped
- 4 tomatoes, chopped
- 2 avocados, chopped
- 1 can sliced olives
- 1 can kidney beans
- 1 red onion, chopped
- 1 cup grated cheese
- 1 package tortilla chips
- 1 pound cooked, cooled ground beef

Mix all ingredients together in a large bowl

Dressing:

1 T Worcestershire sauce
1 can tomato soup
3/4 cup salad oil
1/8 cup red wine vinegar
1 t salt
1/2 cup sugar (optional)
1 clove garlic, crushed or minced
1/4 t dry mustard
1/2 t paprika

Mix all dressing ingredients Mix with salad